



# Rivers Run Cottage Connections

VOLUME 10-ISSUE 5

MAY 2024

**“MAY THE 4<sup>TH</sup>  
BE WITH YOU!”**

## WHAT’S INSIDE

- Osher..... 1
- Woman’s Lunch..... 2
- Book Club..... 3
- Easter Bunny..... 4
- Looking Back at  
at April..... 4
- Bees ..... 5
- Lilac Festival ..... 6
- Memorial Day  
Pizza..... 7
- Happy Hour ..... 7
- Spaghetti Dinner ..... 8
- Orchid Show..... 8
- Calendar..... 9

Osher Lifelong Learning Center  
585-292-8989  
12:15 – 1:30 PM

**May 2 – They All Can Learn: Dolce Method for Learning Mastery;** Sr. Diane Dolce, SSJ, Hope Hall Founder and Executive Director; *The Dolce Method for Learning Mastery teaches the full New York State curriculum, as well as organizational and social skills, in a non-traditional way.*

**May 9 – Looking Back on 30 Years at WXXI;** Norm Silverstein, President and CEO; *Under the leadership of Norm Silverstein, WXXI has grown from operating one television and two radio stations to running four public television channels, one cable channel for the City of Rochester and six public radio stations.*

**May 23 – From Crisis to Opportunity: American Rescue Plan Funds as a Catalyst for Recovery;** Adam J. Bello, Monroe County Executive; *Monroe County, like communities across the country is engaged in recovery efforts supported by a once-in-a-generation allocation of \$144 million in American Rescue Plan Recovery Funds. Under the banner “Bring Monroe Back” the agenda is to make historic investments in public safety, public health & wellness, workforce & economic development, and infrastructure improvements.*

**May 30 – Antisemitism: Can It Be Stopped?** Meredith Dragon, CEO of the Jewish Federation of Greater Rochester; *Meridith has worked to increase awareness and support for the work of the Federation and its various departments, enhancing the role of the Federation in the community.*



Third Monday of each  
Month, 6:30 PM  
For more information  
Contact Jim Galvin

April’s book is  
“These Precious Days”  
By Ann Patchett



REMINDER  
Woman’s Luncheon  
1:00 PM @  
Tsingtao House 4/26  
TK’s on the Falls 5/24

For more information  
Contact Claire Gnazzo



**Tsingtao House**  
2831 W. Henrietta Rd  
585-272-8008

Tsingtao House Restaurant offers authentic and delicious tasting Chinese cuisine. It is known for its variety in taste and high-quality fresh ingredients.

Because of its convenient location and affordable prices, this restaurant is a natural choice for eat-in or take-out meals.

Women's Luncheon - April 26  
Contact Claire Gnazzo 631-478-9688



**TK's on the Falls**  
8 W. Main Street  
Honeoye Falls

TK's is a family-owned restaurant blending local specialties with global cuisine, promising an exceptional dining experience rooted in genuine hospitality. Their team ensures each visit is memorable - whether for dinner, happy hour, or brunch.

At TK's, you'll discover exceptional service, remarkable dishes, and a welcoming atmosphere where every guest is treated like a friend.

Women's Luncheon - May 24  
Contact Claire Gnazzo 631-478-9688



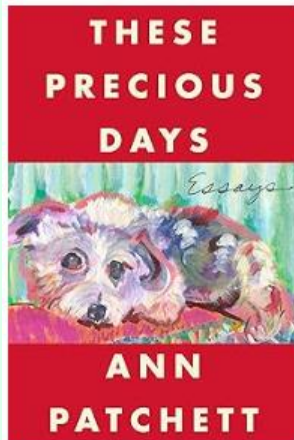
## Here's something I bet you didn't really want to know.....

During the Apollo moon missions, astronauts went to the moon and, to save weight for returning to Earth, they dumped their waste behind. Across all the Apollo missions, astronauts left 96 bags of human waste on the moon.



Human waste — and in particular, feces — is teeming with microbial life. With the Apollo moon landings, we took microbial life on Earth to the most extreme environment it has ever been in. This means the waste on the moon represents a natural, though unintended, experiment.

# BOOK CLUB



The RR Book Club will be meeting on May 20 at 6:30 PM to discuss the current book selection. You can either attend in person at cottage 1203 or join the group via Zoom, depending on individual comfort level or distance from Rivers Run. New readers are always welcome to join the group. Contact Jim or Charline Galvin at 585-270-8145 and let them know if you want to be included.

*“These Precious Days”* is a collection of 24 essays containing pieces written by Ann Patchett during the coronavirus pandemic as well as older, previously published pieces that were reworked for this book. The title essay recounts her relationship with several artists and a friend. Through this essay and multiple others in the book, Patchett explores the theme of what is most precious in

life.... what it means to be seen to find someone with whom you can be your best and most complete self.

## So.... Now What Do We Do with Them?

As in my case, you might have several eclipse glasses laying around the house that most likely were not used (unfortunately). I guess we could hang on to them until 2044, fly down to Tampa, and use them where it is more likely to be sunny. But if that is not in your calendar, you might like to know that the Henrietta library is accepting used glasses for recycling to other areas. You can drop them off at the checkout counter.



## Dinner at Rio Tomatlan -

On April 18 our RR residents met at Rio Tomatlan in Canandaigua. What a great event! This was not your typical “Tex-Mex” restaurant. If you want REAL Mexican food, give this a try, and if you like Tres Leche.... it’s to die for. Worth the drive!



## The Chocolate Easter Bunny

So, how many of you bought a chocolate Easter bunny this year either for yourself or someone else? I did, and apparently purchased one too many. BUMMER! Unfortunately, I had to eat it myself. But I was in a dilemma....where do I take my first bite?



Americans were expected to spend about \$5 billion on Easter candy, and the chocolate bunny is still the reigning champ. Several studies were made about where people begin their nibbling.

According to one study, 78% preferred the ears, 11% went for the feet and the remaining 11% opted for the tail. In another study, 60% started on the ears, 4% claimed to start with the feet but 33% claimed they really and no preference.

It's clear that the majority of people tend to start off at the top and work their way down. If you're curious about how I attacked my bunny, I started at the ears like most everyone else.

## Chat & Craft Group

Our Craft and Chat club meets every 2<sup>nd</sup> and 4<sup>th</sup> Tuesday in the Cove room from 1-3 PM. On April 23 we held a Kentucky Derby hat decorating session. Here are a few hats that our talented residents created.





## Bee-lieve It or Not!

Since May is finally the time when we can feel confident enough to plant flowers, let's give a few facts about bees, since they are so important to pollination.

**Bees have assigned jobs.** Queen bees lay thousands of eggs each day while the worker bees cycle through various roles depending on their age. Some act as architects, some become foragers, and some have the job of insect undertakers removing dead residents to keep the hive clean and healthy.

**Most bees are female.** Most of the jobs are assigned to worker bees who are all female and greatly outnumber drones. The drones don't actually do any work.... and they can't sting. Their job is to leave the community to mate with other queens.

**Bees love caffeine.** If you're over-caffeinated and overworked, you might be more like a bee than you realize. Caffeine fed bees locate and pollinate flowers faster than those working without a caffeine perk-up.

**Most bees are solitary.** Not all bees are social creatures; some live their entire lives as solo pollinators that burrow their homes in the ground instead of living in hives. They make up around 75% of all species. There are about 4,000 native bee species in the US... notably, honeybees aren't one of them since they were introduced from Europe.

**Bees can vote.** Although hives are led by a queen, some decisions are made by the entire swarm, including relocating the hive to a new home. Aged bees first scout for new real estate, sharing their top picks with other bees by dancing. More scouts will observe the recommended spot, then return to the hive to vote either for or against it.

**Carpenter bees don't actually eat wood.** Female carpenter bees drill through wood, excavating chambers that act as nurseries for bee eggs.

**Humans have observed bees for a long time.** Thanks to honey, humans have been researching bees for thousands of years.



## Rochester Lilac Festival May 10 - 19, 2024 10:30am-8:30pm



The Rochester Lilac Festival is an award-winning, time-honored tradition celebrated every spring since 1898, in accordance with the blooming of the most extensive collection of lilacs in the Northeast. On average, more than 500,000 visitors from across Western and Upstate NY, the tri-state area, and Canada attend the 10-day free festival each year.

The festival highlights the spectacular beauty of historic Highland Park and provides residents and visitors with the opportunity to enjoy free, family-friendly, world-class talent. This year's selection of artists feature a diverse array of talent. Although bands are performing throughout the day, the 7:00pm concert features the following:

- May 10 - Opening Day; Rayland Baxter (country, roots & vintage pop)
- May 11 - Lilac Parade & Art in the Park; Butcher Brown (jazz, hip-hop & funk)
- May 12 - Ghost-Note (afrobeat & funk)
- May 13 - Pachyman (Puerto Rican music)
- May 14 - Big Bad Voodoo Daddy (swing music)
- May 15 - Seniors Day; The Skycoasters
- May 16 - An Evening of Soul Curated by Danielle Ponder
- May 17 - Hypnotic Brass Ensemble (brass, funk & hip-hop)
- May 18 - Dopapod (funk, jazz, fusion & progressive rock)
- May 19 - Lilac Run 5K, 10K & Dunkin Dash; Trousdale (melodic & heartfelt harmonies)



Memorial Day Pizza  
Monday, May 27 @ 2:00 PM



Our social club would not pass up the opportunity to honor our veterans on Memorial Day by holding a pizza party! Lynn Musgraves has volunteered to host this event at her house, 902 Rivers Run. Pizza and ice cream drumsticks will be supplied. Feel free to bring a snack to share, your beverage of choice, and maybe a chair.

Since summer is approaching, this will give us a good kick-off start to our lawn games event that is held during our warm months.

Please join us for fun, games, and pizza! Sue Rausch will be taking the reservations. Please let her know if you plan to attend. She can be contacted at [laceyd627@rochester.rr.com](mailto:lacey627@rochester.rr.com) or 585-272-1147.



Don't forget to join us for our weekly walks around the community. We meet every Thursday at 11 AM at the gazebo by the apartments.

**COMING ATTRACTIONS!**



It has started.... FRIDAY NIGHT HAPPY HOUR! Shirley and Ken Reed have volunteered to host Friday Night Happy Hour, 4:30 at their house, 501 RR each week. Just bring a snack to pass, your beverage of choice and join your friends & neighbors for some fun and relaxation. An e-blast to RRHOA will be sent out every week as a reminder. Here are a couple pictures of our last get together.



## Spaghetti Dinner Saturday, May, 18



This month, instead of dining out, our social club has decided to hold a spaghetti dinner on Saturday, May 18 at 4:30 PM in the Lecture Room at the Cove. The delicious menu will consist of spaghetti (made by Bonnie Nellist), salad, bread & butter, and dessert. I would like to NOTE that there will be a gluten-free vegetable dish available.

Since drinks are not on the menu, feel free to bring whatever beverage you feel suits your taste buds. We will be asking for a \$5.00 donation per person to help cover the cost of the dinner.

To reserve your spot at the table, please contact Sue Rausch at [laceyd627@rochester.rr.com](mailto:laceyd627@rochester.rr.com) or 585-272-1147.

## Orchid Show April 26-28

The Genesee Region Orchid Society Spring Orchid Show and Sale is being held April 26 - 28, 2024 at the Rochester Museum & Science Center, Eisenhart Auditorium, 657 East Avenue, Rochester, NY 14607.

The GROS hosted its first Orchid Show in April of 1969 at the Garden Center of Rochester. Their spring shows have been held annually in various locations since that time.

A poster for the Genesee Region Orchid Society Orchid Show & Sale. It features a central image of a purple orchid plant. The text on the poster includes the society's name, the event dates (April 26-28, 2024), the location (RMSC Eisenhart Auditorium, 657 East Ave., Rochester, NY 14607), the website (geneseeorchid.org), and a QR code with the text "Scan to learn more". The event hours are listed as Friday 1-5pm, Saturday 10am-5pm, and Sunday 10am-4pm. Ticket prices are listed as Adults \$10, Students with ID \$5, and Children under 12 free.

Genesee Region Orchid Society

April 26-28, 2024  
Friday 1-5pm  
Saturday 10am-5pm  
Sunday 10am-4pm

**Orchid**  
*Show & Sale*

RMSC Eisenhart Auditorium  
657 East Ave., Rochester, NY 14607

[geneseeorchid.org](http://geneseeorchid.org) Scan to learn more

Adults \$10  
Students with ID \$5  
Children under 12 free



## MAY 2024 Cottage Calendar

- **4/26, FRIDAY, Ladies Lunch:** 1:00 PM, Tsingtao House on W. Henrietta Rd., Contact Claire Gnazzo 585-287-6009
- **4/27, WEDNESDAY, Imagine RIT:** 10 AM – 5 PM, Free
- **4/26-28, FRIDAY-SUNDAY, Orchid Show:** Rochester Museum & Science Center, Eisenhart Auditorium
- **5/8, WEDNESDAY, Men's Breakfast:** 8:30 AM, Peppermints Restaurant
- **5/10-19, FRIDAY-MONDAY, Lilac Festival:** 10:30 AM – 8:30 PM, Highland Park
- **5/12, SUNDAY, Mother's Day**
- **5/14, TUESDAY, Craft and Chat Group:** 1:00-3:00 PM, at the Cove
- **5/18, SATURDAY, Spaghetti Dinner:** 2:00 PM, in the lecture room at the Cove, Contact Sue Rausch 585-272-1147
- **5/20, MONDAY, Book Club:** 6:30 PM, Cottage 1203; Contact Jim Galvin 585-270-8145; *The Underground River* by Martha Conway
- **5/24, FRIDAY, Ladies Lunch:** 1:00 PM, TK's on the Falls in Honeoye Falls, Contact Claire Gnazzo 585-287-6009
- **5/27, MONDAY, Memorial Day Pizza:** 2:00 PM, at 902 Rivers Run, Contact Sue Rausch 585-272-1147
- **5/28, TUESDAY, Craft and Chat Group:** 1:00-3:00 PM, at the Cove



## Social Committee

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