



# Rivers Run Cottage Connections

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JUNE 2024

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### Osher Lifelong Learning Center

585-292-8989

12:15 - 1:30 PM

**June 6 – The Future of Democracy;** Robert Gerace, Naval Intelligence Officer, Retired; *In his 27 years of service, Robert Gerace had assignments in Buffalo, Rochester, and finally in Washington, D.C. all of which supported the Defense Intelligence Agency (the military counterpart to the CIA). His last 10 years was as acting Naval Attaché to the US Embassy in Lagos, Nigeria where he went aboard an active Soviet warship in what was an historic trial between the Soviet officers and US officers. The trial was successful and led to a Soviet ship visit to our Norfolk Naval Base, and a US ship visit to Sebastopol, Ukraine. This was a significant breakthrough during the administration of Mikhail Gorbachev. Mr. Gerace enjoyed a robust teaching career at RIT including a course on counterterrorism. He is a graduate of SUNY Buffalo, Brown University, and the US Naval War College.*



Third Monday of each  
Month, 6:30 PM  
For more information  
Contact Jim Galvin

June's book is  
"North Woods"  
By Daniel Mason



### REMINDER

Woman's Luncheon  
June 28, 1:00 PM @  
Nolan's in Canandaigua

For more information  
Contact Claire Gnazzo



**Nolan's on Canandaigua**  
726 S. Main Street  
85-905-0201

Nick Violas, the owner, had a passion for quality food and customer services so he created a dining experience beloved in the local community. He is committed to "above and beyond" service and excellent food featuring certified angus beef, seafood, and pastas. At Nolan's, you will enjoy dining on fine food in a relaxed atmosphere at an affordable price.

Women's Luncheon - June 28  
Contact Claire Gnazzo 631-478-9688



## **Rheinblick German Restaurant**

224 S Main St.  
Canandaigua  
585-905-0950

**Authentic German fare in original  
Old World atmosphere.**

Do you have a "hankering" for some good German food? If so, come join us on Thursday, June 20. We will leave here about 3:15 and dine about 4:00 PM.

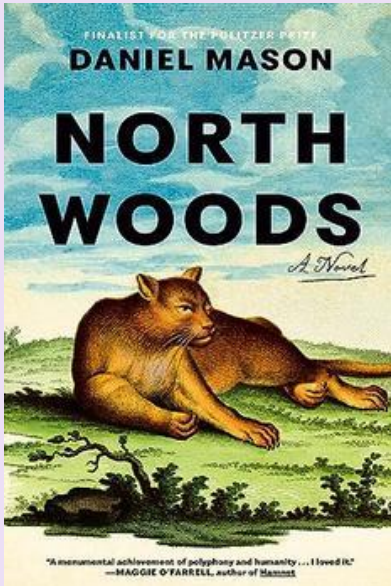
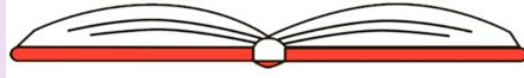
At the Rheinblick Restaurant you will find a variety of dishes that represent the comfort and deliciousness of old world cooking. Expect everything to represent the history of the region surrounding the Rhein River, which runs through Germany. The servers even wear traditional clothing!

## **Happy Hour**

And yet another successful happy hour. Please join us if only just to stop by, stay for an hour or so. We meet every Friday at 4:30 in the garden area in front of the 500 building. Shirley and Ken Reed have graciously volunteered to host it, but we all bring our drinks and possibly a chair if you have a portable one. If you have an extra snack lying around, looking for a home, bring that too. It's always fun to nibble while you drink and socialize.



# BOOK CLUB



A sweeping novel about a single house in the woods of New England, told through the lives of those who inhabit it across the centuries---a daring, moving tale of memory and fate from the Pulitzer Prize finalist and author of *The Piano Tuner* and *The Winter Soldier*.

When two young lovers abscond from a Puritan colony, little do they know that their humble cabin in the woods will become the home of an extraordinary succession of human and nonhuman characters alike. An English soldier, destined for glory, abandons the battlefields of the New World to devote himself to growing apples. A pair of spinster twins navigate war and famine, envy, and desire. A crime reporter unearths an ancient mass grave---only to discover that the earth refuses to give up their secrets. As the inhabitants confront the wonder and mystery around them, they begin to realize that the dark, raucous, beautiful past is very much alive.

## This is the Cat's Meow

We have several cat lovers in our community, and I would venture to guess that on several occasions they have all had to pick up stuff that their precious pets have knocked off the table or desk. Do you wonder why they do that? There are several possible reasons:

**It feeds their play-prey drive.** This drive exists to some extent in every cat. They use their paws to knock things over as a means to try and find out more about the environment around them.

**It gets attention.** Any kind of human attention is fun for cats who interact well with their owners. From the cat's perspective, looking like they are about to strike means you will swing right into action. Any of these human reactions only reward the cat, who is therefore more likely to do it again.

How do we prevent this? Stop giving them attention, reward them for other behaviors or keep them active with rotating toys, etc.



## Spaghetti Dinner

If you missed our spaghetti dinner, you missed a good one. Kudos to Bonnie Nellist who made the most delicious sauce I have ever had.... And I'm fussy about my sauce. Really, it was absolutely delicious! About 15 people attended and everyone had a great time.



## Trailways to Treasures

3 Days...3 Communities...20 miles

Do you like to go to Garage Sales? Well, here's one you don't want to miss! The annual, community-wide celebration of lawn and garage sales is almost here. This 3-day event scheduled for June 5, 6, and 7 will incorporate Avon Attic Days, Caledonia Clutter, and Lima's Loot.

New this year is a Treasure Hunt with fabulous prizes. Visit any five participating 5&20 businesses and you could win a \$100 gas card, a gift basket filled with local products/gift certificates, or one night's stay at the Charlton Farm Inn in Avon. Also, several area restaurants will be offering Trailways to Treasures breakfast and lunch specials to fortify weary shoppers.

For more information, check out their website: [www.trailwaystotreasures.org](http://www.trailwaystotreasures.org)



## Gardening with Native Plants John Nelson

*Whether you are an avid gardener or just enjoy their beauty, the lecture given by John Nelson was outstanding! About 15 of our residents attended and I expect to see some lovely gardens in the upcoming months as a result of his presentation. What is the area he considered "native" to us? It's pretty much all of NY State with the exclusion of Long Island. His lecture included the various types of plants, bushes and trees that can be successfully grown in our area, taking into consideration the amount of sun, and moisture.*

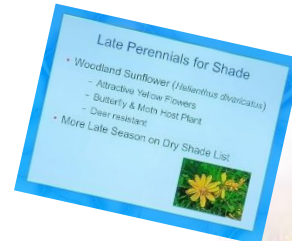
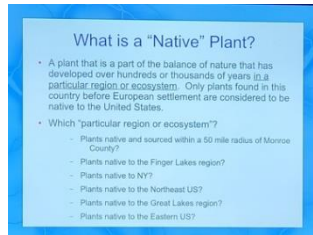
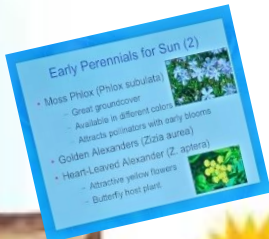
*Here are a couple terms that I learned:*

**Native Plants:** *Species that grow in the wild and reproduce without intervention from people.*

**Cultivar:** *A plant selected and cross bred for a certain trait (flower color, shape, size, etc.)*

**Nativar:** *A name for cultivars of a native plant, the result of human selection for specific plant traits.*

*John recommended that if you are looking for a nursery that specializes in native plants, and are willing to take an afternoon drive, Plantsman Nursery is where he recommended going. It is located in Groton, NY, just outside Ithaca. They can be reached at 607-533-7193.*



## IT'S STRAWBERRY SEASON!



*At last.....*

*The Social Club is planning to hold a Strawberry Shortcake Event on Saturday, June 15 starting at 3:00 PM. Where, you ask? Bonnie and Randy Nellist will be holding it at their place, 103 RR. Just bring a chair, and \$5.00 to enjoy this scrumptious dessert. If you have some time, Bonnie could use a few extra hands to help prepare the strawberries. Please give her a call at 585-406-3164 if you are able to help out that Saturday morning.*

## Got the Travel Bug?

Now that warm weather has made it to the Rochester area, have you been considering a road trip to one of our national parks? Well, here's a little information to tuck away.

**Great Smoky Mountains is the most visited national park in the US.** Straddling the border between N. Carolina and Tennessee, this park attracts about 14 million visitors annually. Talk about traffic jams!

**Death Valley National Park is the hottest place on the earth.** This national park is the home to the hottest ever recorded temperature on earth.... 134.1° F. The average temperature is about 115° F. Break out the cold drinks!

**Yellowstone National Park is home to a super volcano.** We all knew that, but did you know this park is the home to a whopping 10,000+ hydrothermal features including 500 geysers. No sweat, though. The last time this super volcano erupted was 664,000 years ago.

**Mammoth Cave National Park is the world's longest known cave system.** This cave winds its way beneath much of western Kentucky. To date, more than 412 miles of Mammoth Cave have been mapped, but it may extend more than 1,000 miles in total.

**Theodore Roosevelt National Park is the only national park named after a person.** This park is located in the N. Dakota badlands and got its name because Roosevelt had a residence there.

**North Cascades National Park has more glaciers than anywhere in the continental US.** Located about 100 miles north of Seattle is home to a mountain range that's often referred to as "the American Alps" and has more than 300 glaciers.... more than any other US national park outside of Alaska. Covering 13.2 million acres, it's the largest national park in the country.





The graphic features a decorative border with a blue field of white stars on the left and top, and red and white diagonal stripes on the right and bottom. A white, shield-shaped frame with a red and blue outline is centered on the page.

## Memorial Day

### **What is Memorial Day?**

Memorial Day is considered a federal holiday in the US, in which we honor and mourn members of the military who have passed away while serving in the US Armed Forces. On that day, we pay tribute to those who gave their lives while protecting and serving their nation.

### **When is Memorial Day?**

Memorial Day was witnessed on May 30 from 1868 until 1970 but is now observed annually on the last Monday in May. In 1971, the date of the holiday was officially changed per the Uniform Monday Holiday Act. This act also moved other holiday to consistently be on Mondays

### **What is the History of Memorial Day?**

Originally known as Decoration Day, Memorial Day began with an idea from General John Logan as a way to honor the fallen soldiers of the Civil War. The first celebration on May 30, 1868, was held at Arlington National Cemetery, with a crowd of 5,000 people **decorating** the graves of more than 20,000 military personnel with flowers. Most experts believe General Logan planned the first Decoration Day for that day because northern and southern states would have flowers in bloom by then, though others believe the date was ideal because it didn't coincide with the anniversary of any battles.

It wasn't until after WW I that Memorial Day was expanded to honor all veterans who died in any American war. In 1971 Decoration Day became officially known as Memorial Day, and Congress passed an act declaring it a national holiday. That same year, Memorial Day was moved to the last Monday in May by President Lyndon B. Johnson. "This will ... enable families who live some distance apart to spend more time together," President Johnson noted.

New York was the first state to declare Memorial Day an official holiday, followed by other northern states, but the southern states had their own designated day to honor fallen Confederate soldiers. The observances remained separate until after WW I. Some southern states continue to honor the Confederate dead: January 19 in Texas, April 26 in Alabama, Florida, Mississippi & Georgia; May 10 in North and South Carolina; and June 3 in Louisiana, Kentucky and Tennessee.



## Memorial Day Pizza Party Monday, May 27 @ 2:00 PM

### Honoring:

Martin (Jimmy) Peters - Army  
Bill Schmitt – Navy  
Fred Weinstein – Army  
John (Jack) Driscoll – Marines

Allen Myers – Marines  
Richard Biedenbach – Navy  
Paul Levitt – Navy  
Richard Petersen – Marines

Lynn Musgraves has volunteered to host the party at her house, 902 RR. However, weather conditions may require the party being held in the lecture room at the Cove. She will keep us posted. Water, tea, ice cream drumsticks & popcorn will be provided but feel free to bring a stack to share. Pizza is optional (cost to be shared). Please come join us in thanking all those who have served our country and protected our freedoms. Today and every day we are grateful for their sacrifices. RSVP to Sue Rausch at 585-272-1147.

Our thanks to

**Cheryl Lee and Lynn Musgraves**

for their donations of mulch for our gardens along the paths.

Your efforts are appreciated!



**Let the Lawn Games Begin!**  
**June 3, Monday, 6:30 PM**

Now that the weather is falling into place, we are beginning our "Lawn Game Night", playing Petanque and Cornhole on a regular basis. Bring a chair, maybe a cool beverage and come join us on the green behind the 1000 RR units





## Looking Outside Our Neighborhood

Have you been to the Seneca Park Zoo recently? Right in our backyard is a good place to get some fresh air, a little exercise and reconnect with some of the animals that Mother Nature has given us. Bring a picnic lunch, something to drink, and spend an enjoyable afternoon there. The mission of the Seneca Park Zoo is to inspire our community to connect with, care for, and conserve wildlife and wild places.

They are committed to the highest standards of animal care and their dedicated veterinary staff, zookeepers, zoologists, and facilities staff provide care and support to the animals through natural habitats, enrichment, healthy diets, and positive reinforcement training that allows veterinary care to be part of each animal's day.



**Location:** 2222 St. Paul Street  
Rochester, NY 14621

**Phone:** 585-336-7200

**Hours:** April 1–October 31  
M–Su: 10AM–5PM

**Price:** Adults \$12  
Seniors (Aged 63+) \$11



## June 2024 Cottage Calendar

- **531-6/2, FRIDAY-SUNDAY, Fairport Canal Days:** On Erie Canal, Fairport Rd.
- **6/3, MONDAY, Petanque & Cornhole Night:** 6:30 PM behind the 1000 RR units
- **6/5, WEDNESDAY, Ice Cream Trip:** 2:00 PM; Abbots at the Port
- **6/5-7, WEDNESDAY-FRIDAY, Trailways to Treasures:** Route 5&20, Avon, Caledonia, and Lima
- **6/11, TUESDAY, Craft and Chat Group:** 1:00-3:00 PM, at the Cove
- **6/12, WEDNESDAY, Men's Breakfast:** 8:30 AM, Peppermints Restaurant
- **6/15, SATURDAY, Strawberry Social:** 3:00 PM in the Cove parking lot, \$5.00
- **6/17, MONDAY, Book Club:** 6:30 PM, Cottage 1203; Contact Jim Galvin 585-270-8145; *The Underground River* by Martha Conway
- **6/20, THURSDAY, Community Dining Out: 4:00 PM,** Rheinblick German Restaurant, Canandaigua
- **6/22-23, SATURDAY-SUNDAY, Celtic Faire:** 10 AM-4 PM, Genesee County Village & Museum
- **6/26, WEDNESDAY, Men's Breakfast:** 8:30 AM, Peppermints Restaurant
- **6/28, FRIDAY, Ladies Lunch:** 1:00 PM, Nolans, on Canandaigua Lake  
Contact Claire Gnazzo 585-287-6009
- **6/25, TUESDAY, Craft and Chat Group:** 1:00-3:00 PM, at the Cove

### Social Committee

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