



Rivers Run Cottage Connections

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SEPTEMBER 2024

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Osher Lifelong Learning Center

585-292-8989

Thursdays 12:15 - 1:30 PM

Classes are beginning!!

Sept. 19 – Celebrating Workers and Shining a Light on Their Struggles: Vincent Serravallo, Ph.D. – Associate Professor of Sociology and Anthropology, RIT; A joint effort of the Dryden Theatre and the Rochester Labor Council, the Rochester Labor Film Series presents motion pictures celebrating workers around the world. From his sociologist’s perspective, Dr. Serravallo will highlight the upcoming September/October Friday night screenings at the Dryden that depict the discrimination, globalization, and immigration struggles faced by blue-, white-, and pink-collar workers.

Sept. 26 – Queering Democracy: Art, Identity, and Politics in 2024: Michele Thornton, MBA, Ph.D., Assoc. Professor of Management, Oswego SUNY; There are currently over 540 state-legislated bills threatening the rights and needs of non-binary individuals including targeted measures against transgender people. This discussion will highlight the role of queer art both globally and locally in political dialogue and examine its poignant response to the alarming rise of anti-LGBTQIA+ legislation sweeping the nation.



Third Monday of each
Month, 6:30 PM
For more information
Contact Jim Galvin

September's book is
"Mrs. Bridge"
by Evan S. Connell



REMINDER
Woman's Luncheon
September 27, 1:00 PM @
Tony D's

For more information
Contact Claire Gnazzo

Women's Luncheon

Tony D's

1290 University Ave, Rochester
585-413-3640

1:00 PM on Friday, September 27



After 15 years in Corn Hill Landing on Exchange Boulevard, Tony D's restaurant started welcoming guests in a new location on University Avenue on March 24. Hungry diners can look forward to the return of the restaurant's greatest hits, like chicken wings, meatballs, greens and beans, pizzas and steaks. With a larger kitchen, the restaurant now has more pasta choices.

Please feel free to join us any time.
Carpooling is available and encouraged.

Contact Claire Gnazzo 631-478-9688

Monthly RR Dining Out

Fratelli's Restaurant

2995 Lakewood Rd., Avon
585-346-6160

The RR Social Club has decided to host its monthly dining out at Fratelli's Restaurant in Avon. Fratelli's is a casual Italian restaurant founded in 1996, by brothers, Roberto and Davide Currenti. They specialize in Italian American cuisine with specials prepared daily by Chef Roberto and Sous Chef Adam Frye!

Date & Time: Thursday, September 19 at 4:30 PM

Since we will be making reservations ahead of time so if you are interested in joining us, please RSVP by Monday, September 16 by Barbara DeOca, 813-892-1219 or email bdcoea@aol.com. We plan to leave RR about 4:00 PM.



need assistance ?

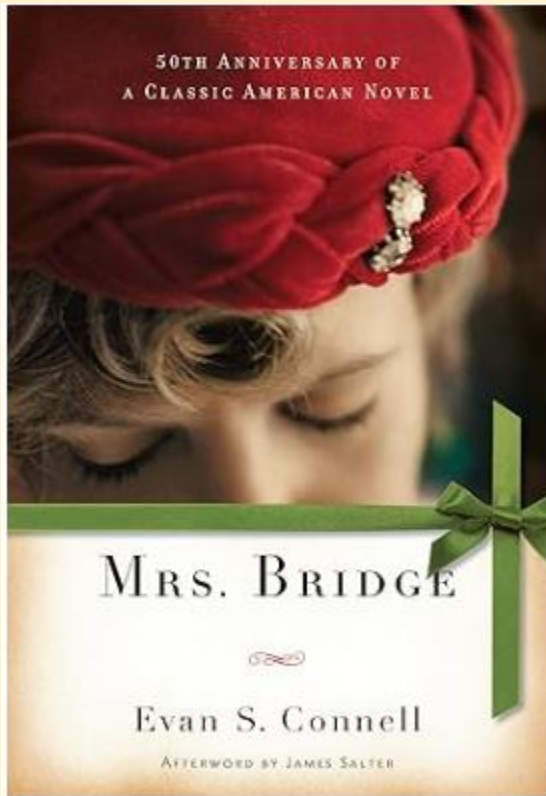
Claire Anne Batchateu
-private duty registered nurse-

services include: personal care, dr. appointments
running errands, take shopping, housekeeping

585-414-0235
call for rates and information



BOOK CLUB



The Book Club will be meeting in the sunroom of Jim Galvin's house at 1303 Rivers Run on September 16 at 6:30 PM. New readers are always welcome to join the group. Please contact Jim or Charline at 585-270-8145 and let them know of you want to be included.

Evan Connell has said that the character of India Bridge is based on his mother, an eccentric named Ruth who, however, preferred to be called "Elton". He said that his mother was dying of cancer at the time the book was published in 1959, and that she had never read the book. Connell, like the family in the story, grew up in Kansas City.

This is a beautiful, heartbreaking, and understated character study of a country-club wife in the early 20th century—of a woman dedicated to outward appearances, to decency and propriety, to doing what is expected. All the while you get the suffocating sense of a person who's becoming more and more lost and empty, trapped in the silences that mark her days. The novel is comprised of vignettes, images,

fragments of conversations, events—all building powerfully toward the completed group portrait of a family, closely knit on the surface but deeply divided by loneliness, boredom, misunderstandings, isolation, sexual longing, and terminal isolation.



It's Time for Coffee!

The weather will soon turn chilly, and we will again find ourselves cooped up inside the house. Let's all get together at the Cove for a nice cup of coffee and desserts. It will give us a chance to meet new friends and reunite with your old ones.

Coffee and refreshments will be supplied. All we need it YOU!

RSVP: Barbara DeOca 813-892-1219 or bedoca@aol.com

Friday in the Park

4:30-6:30 pm

We would love to have you join us!
Bring a chair and a drink.
Bringing a snack to share is optional.
Come any time.

401-703 cottages park

Fred! We have a chair for you.



Let's hope for the best!



Our Fridays in the Park is more than just gathering to enjoy each other's company and communicating. There are lots of ways to communicate and they are not only through diction. Music, rhythm, actions, etc. can also be a way to communicate. Last Friday, Jay Alan Jackson who is one of our RR residents, introduced us all to a new way --- the Boomwhacker. It is a percussion instrument constructed from lightweight, hollow, color-coded, plastic tubes, tuned to a musical pitch by length. His explanation and demonstration were invaluable.



GREAT DAY FOR AN ICE CREAM SOCIAL!



Entertainment in Rochester

There is an abundance of things to do in Rochester – Music, Dance, Comedy, etc. I have listed just a few of them, all quite affordable and in the afternoons. Over in our RIT Pfaudler offices, you can pick up a Festival Guide highlighting the Fringe Festival which lists hundreds of things to do from September 10-21.

Sat. Sept. 14: Cirque Du Fringe Varieté; 2:30 PM; across from Eastman Theatre

Sat. Sept. 14: The Village Cidiot; 2:30 PM; \$15; ROC Cinema Theater

Sat. Sept. 14: Garth Fagan Dance; 3:00 PM; \$20; Garth Fagan Dance Studio

Sat. Sept. 14: Too Much Light Makes the Baby Go Blind; 3:30 PM; \$20; at SOTA

Sun. Sept. 15: Banachek's Mind Games; 2:30; \$15; JCC Hart Theater

Sun. Sept. 15: A Little Scary Show; 3:30 PM; \$15; MuCCC Theater

Sat. Sept. 21: Trevor (stage play); 1:00 PM; \$14; JCC

Sat. Sept. 21: Show Me a Day When the World Wasn't New; 2:00 PM; \$10; JCC

Sat., Sept. 21: Rochester City Ballet; 3:00 PM; \$20; School of the Arts (SOTA)

Travelling with Ray and Carol Blank

In early July, Ray and Carol took an exciting road trip through Iceland. From Varmahlid to Reykjavik... through volcanic deserts, passing fields of lupines, stopping at waterfalls and villages ... much was learned about the people and culture of Iceland. It is truly the "Land of Fire and Ice". If you want to get more information and pictures of their trip, visit Carol's blog frommyroad.blogspot.com.



Snæfellsnes Peninsula



Latrabjarg Cliffs



Dynjandi Falls

Lupines were introduced to Iceland by Hakon Bjarnason who represented a committed to revegetate areas and prevent erosion in Iceland. On November 3, 1945, he arrived in Iceland with his collection of seeds and the story of Lupines began.' They are everywhere!



Lutheran Basilica



Ginny Lee Cafe at Wagner Winery

On **Thursday, September 12**, the RR social club has decided to host a late afternoon dinner at the Ginny Lee Café at Wagner Winery. This family owned and operated winery is located on Seneca Lake and will bring you the best quality Finger Lakes wine as well as their craft beer. You will surely find a beverage to your liking with over 30 award winning wines ranging from bone dry to dessert wine sweet and their 9-12 craft beer selection.



The Ginny Lee offers a variety of luncheon dining options. Delicious buffet-style menus (or sit-down) are available. They offer a delightful selection of foods and utilize only the freshest fruits and vegetables in their preparations. All the menus have been designed to complement and enhance the wines of Wagner Vineyards and craft beers.



Since reservations are required, we ask that if you are interested in joining us, please contact Barbara DeOca at 813-892-1219 or by email at bedeoca@aol.com. We will be leaving here about 12:30 PM for a 2:00 dining reservation.



Facts About the Olympic Medals

Just so you are aware, the Olympic games are more than a thousand years old! That's right, the Olympic Games we watch today are inspired by the original and ancient Olympic Games held in Olympia, Greece, in the 8th century. The first Olympic medals, which were created in 186, were designed by Jules-Clément Chaplain, a French sculptor. They depicted Zeus holding Nike, the Greek goddess of victory (and, on the reverse, the Acropolis). Since then, medals for the games are the responsibility of the city hosting the event. Each Summer and Winter Olympics have unique designs, typically modeled after the host city and its culture.

Just so you are aware, the Gold Medal is not 100% gold. It is comprised of 92.5% silver, plated with 6 grams of gold. The silver medal, however, is 100% silver. The Bronze Medal consists of 97% copper with 0.5% tin and 2.5% zinc. The medals must be sized within a range of 70 millimeters (2.76 inches) to 120 millimeters in diameter. The thickness must be between three millimeters to 10 millimeters.

APPLE PICKING SEASON IS HERE!



Apples are America's 2nd favorite fruit, bananas being #1. In Latin, the same word is used for both "apple" and "evil". Perhaps that's why it has been called "the forbidden fruit".



And how did apples become so popular? Well, you've no doubt all heard of **Johnny Appleseed**. But how and why did he become so famous? Ironically, the man behind the myth — John Chapman — did display immense courage, fortitude, and resourcefulness by traipsing thousands of miles across the eastern wilderness and establishing orchards to aid settlers in the first half of the 1800s.



John was a zealous proponent of the Church of the New Jerusalem and had no permanent home. He largely refused to sleep indoors and was already famous by the time he died in 1845. His fame lived on primarily through the exaggerations that became associated with his memory via the written "recollections," poems,



and children's stories that circulated in the decades afterward.



Where to pick apples ---

G&S Orchards - 825 Atlantic Ave (Rte 286), Walworth 315-52-3823

Green Acre Farms - 3460 Latta Rd., Rochester 585-234-0252

Hurd Orchards - 17260 Ridge Rd., Holly 585-638-8838

Kelly's Farm Market - 611 Wilder Rd., Hilton 585-392-8102

Powers Farm Market - 161 Marsh Road, Pittsford 585-586-4631

Schutt's Apple Mill - 1063 Plank Rd., Webster 585-872-2924

Stokoe Farms - 656 South Rd., Scottsville 585-899-0770

West Wind Fruit Farm - 928 Manitou Rd, Hilton 585-234-0252

Wickham Farms - 1315 Sweets Corners Rd., Penfield 585-377-3276

Whittier Fruit Farm - 219 Whittier Rd., Rochester 585-594-9054



Craft and Chat
 Tuesday, August 13th

1-3 pm

join us
 for fun
 conversations

bring a project ... or not

Hi Julia, we are thinking of you!
 We will make a pot holder in your honor.



What would YOU like to see in this Newsletter?

This month I decided to add some pictures of the trip Carol and Ray took to Iceland. Do you have a trip that you would like me to share with the community? Let me know.

How about a place to mention something you would like to sell or give away? Do you have any other ideas?

August Potluck Picnic

What a delightful day it was!!! The weather turned out to be cooperative.... at least until we got the food eaten. Yes, it poured later in the day but that didn't cramp our style. The food was delicious. You'll agree that with most potlucks, you can easily wind up with several similar dishes. Believe it or not, even without coordinating foods, every single dish was completely different. Here are some pictures.



SEPTEMBER 2024 Cottage Calendar



- **9/2, MONDAY, Coffee Hour:** 10:00+ PM, at the Cove
- **9/6, 13, 20, 27 FRIDAY, Friday in the Park:** 4:30-6:30 PM, in front of the 401-703 units; bring a chair, your drink and a snack to share (optional).
- **9/10, TUESDAY, Craft and Chat Group:** 1:00-3:00 PM, at the Cove
- **9/11, WEDNESDAY, Men's Breakfast:** 8:30 AM, Peppermints Restaurant
- **9/12, THURSDAY, Wagner's Winery:** 2:00 PM, leaving here @ 12:30 PM; Contact Barbara DeOca 813-892-1219
- **9/16, MONDAY, Book Club:** 6:30 PM, Cottage 1303; Contact Jim Galvin 585-270-8145; *Mrs. Bridge* by Evan S. Connell
- **9/19, THURSDAY, Osher Lecture:** 12:15-1:30 PM; *Celebrating Workers*
- **9/19, THURSDAY, Dining Out @ Fratelli's:** 4:30 PM; leaving here @ 4:00 PM; Contact Barbara DeOca 813-892-1219
- **9/24, TUESDAY, Craft and Chat Group:** 1:00-3:00 PM, at the Cove
- **9/25, WEDNESDAY, Men's Breakfast:** 8:30 AM, Peppermints Restaurant
- **9/26, THURSDAY, Osher Lecture:** 12:15-1:30 PM; *Queering Democracy*
- **9/27, FRIDAY, Ladies Lunch:** 1:00 PM, Tony D's; Contact Claire Gnazzo 585-287-6009

Social Committee

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