



Rivers Run Cottage Connections

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Osher Lifelong Learning Center 585-292-8989 Thursdays 12:15 - 1:30 PM

May 7 David Hochstein and His Legacy

Mona Seghatoleslami, Classical Music Director and Live from Hochstein Host, WXXI will talk about the history of The Hochstein School in Rochester, and its namesake, David Hochstein. It was founded even before the Eastman School of Music. Hochstein's story is woven through 100 years of American history and Rochester's development. Mona Seghatoleslami takes you on this journey through history to the present.

May 14 Raising Puppies to Become Guide Dogs

Maraci Frutkoff and Avor Szostak are Puppy Raisers for Guiding Eyes for the Blind Guiding Eyes for the Blind (GEB). GEB is an organization that provides guide dogs to people with vision loss. GEB and its puppy raisers are passionate about connecting exceptional dogs with individuals so they can enjoy greater independence. They will be sharing what it takes for an 8-weekold pup to begin its journey as a future guide dog: daily routines, specific introductory skills, evaluations with GEB staff, and all the fun they have along the way.

May 21 Nifty Stories Renew the Spirit...That's What Makes Them Nifty!

Presented by Jay Stetzer, Musician, Dancer, Mime, Visual Artist, and Professional Storyteller. There is an awesome power in a story which is transferred from the teller to the listener with two simple tools: the spoken word and a willing imagination that engages the listener as if he or she were actually living it. Nifty stories embrace these two vital elements.



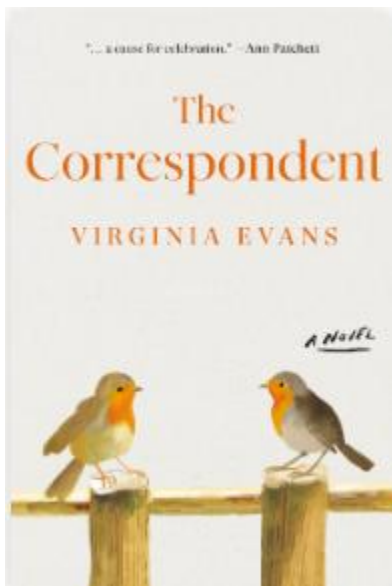
Third Monday of each
Month, 6:30 PM
For more information
Contact Jim Galvin

May's book is
The Correspondent
by Virginia Evans

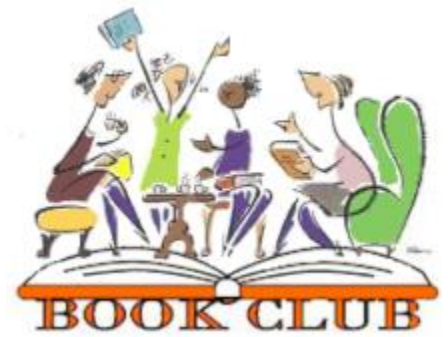


Woman's Luncheon
Horizons Modern Kitchen
MAY 22 @ 1:00 PM

For more information
Contact Claire Gnazzo



Every morning, Sybil Van Antwerp sits down to write letters to her brother, to her best friend, to the president of the university who will not allow her to attend a class she desperately wants to take, to her favorite authors to tell them what she thinks of their latest books, and to one person to whom she writes often yet never sends the letter.



At 73, Sybil has used her correspondence to make sense of the world. Beyond the page, she has spent the last thirty years keeping the people who love her at arms' length, until letters from someone in her past force her to examine one of the most painful periods of her life.

Now, Sybil must send the letter she has been writing for all these years - and find forgiveness within herself in order to move on.

The Book Club will be meeting in the sunroom of Jim Galvin's house at Rivers Run on May 18 at 6:30 PM. New readers are always welcome to join the group. Please contact Jim or Charline at 585-270-8145 and let them know if you want to be included.

Monthly RR Dining Out Plum Garden

Thursday, May 21 @ 4:30 PM
3349 Monroe Ave. (Pittsford Plaza)
585-381-8730



This month we have decided to try Japanese Hibachi. If you have never been to a hibachi restaurant, this is the time to try it.

Please contact Barbara DeOca at bdeoca@aol.com or 813-892-1219. We always encourage carpooling and will do our best to accommodate you.

Everyone is welcome!

Women's Luncheon Horizons Modern Kitchen

Woodcliff Hotel
199 Woodcliff Dr. Fairport
585-381-4000
Friday, May 22 at 1:00 PM

Horizons Modern Kitchen offers refined American cuisine crafted from locally and carefully selected ingredients. Nestled atop the county's highest point, their dining area provides breathtaking vistas, merging the serene Finger Lakes countryside with the vibrant cityscape of Downtown Rochester.

Every month on the last Friday, the women at River's Run enjoy a luncheon together. If you'd like to participate, please contact Claire Gnazzo at 585-287-6009.

David Stephenson

David Stephenson, in Unit 902, was born in Glenwood Springs, Colorado, near Marble, Colorado, where Dave's paternal grandfather was the Mayor during its heyday in the early 20th Century. At that time the town provided marble for many of the most famous buildings in our country, including the Lincoln Memorial.

When Dave's father, a medical doctor, joined the Navy during the Korean War, his mother moved to Dave's maternal grandmother's farm outside of Lebanon, New Hampshire. After the war, his family relocated to York Harbor, Maine, for two years, while his father completed his service in the Navy.



Then Dave's family moved to a suburb of Philadelphia for two years so his father could complete his residency in radiology at the University of Pennsylvania Medical School. Dave had three younger siblings by then, and the family then moved back to metropolitan Denver, Colorado, where Dave and his siblings were raised, attending all of their school years there. During those years, his family spent many weekends and vacations in the Colorado mountains, usually near Fraser, where Dave's Dad built a family cabin. Dave also spent many summer vacations visiting his mother's brother's children in New York, on Long Island, and his maternal grandmother on her farm in New Hampshire.

After high school, Dave attended Dartmouth College, in Hanover, New Hampshire, and, upon graduation, was awarded a one-year fellowship to teach English at Athens College in Greece. He then pursued graduate studies at the University of Colorado, earning both his MA and PhD in Anthropology and simultaneously obtaining a law degree from the University of Denver.

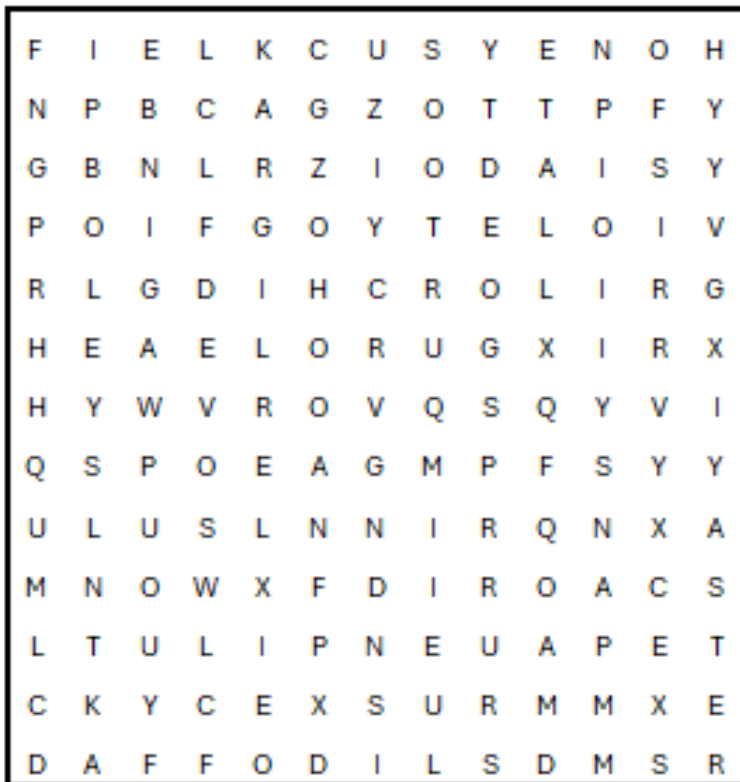
Dave has tried a wide variety of cases during his legal career in state and federal courts throughout the United States and on American Indian reservations. He has also combined his practice of law with his training in Applied Sociocultural Anthropology to write about and advocate for the intellectual property and cultural heritage rights of Indigenous peoples. In this latter capacity, he has traveled extensively throughout the United States, including Alaska and Hawaii, and, except for Antarctica, to every other continent in the world, including several times to Africa.

In 2006, he met Lynn Musgraves. During the COVID-19 pandemic, Lynn expressed a desire to return to the Rochester area to be closer to her son. Dave moved with her to Rivers Run and now practices law with the Legal Aid Society in Rochester. His greatest influences in life have been his parents, his high school history teacher, a Dartmouth Anthropology professor, and his dissertation advisor at the University of Colorado in Boulder.

Dave has one son by a previous marriage. Dave's son, daughter-in-law, and three grandchildren live in San Francisco. Dave enjoys tennis, fly-fishing, cross-country skiing, snowshoeing, biking, hiking, bird watching, reading, writing poetry, movies, and travel. He enjoys all types of music, especially jazz and samba, and has attended hundreds of live concerts featuring musicians of multiple genres over the years. He also loves spectator sports. Even though he is a Colorado native, having lived with his maternal grandmother during his early childhood, he remains an avid Boston Red Sox fan!

He says his philosophy of life probably was best expressed by Albert Schweitzer: "Reverence for life."

WORD FIND



- | | | |
|----------|-------------|-----------|
| ASTER | HONEYSUCKLE | ORCHID |
| CROCUS | LAVENDER | PANSY |
| DAFFODIL | LILAC | SUNFLOWER |
| DAISY | IVY | TULIP |
| GERANIUM | MARIGOLD | VIOLET |

RR HOA Meeting
Wednesday, May 20
4:00 PM
Cove Lecture Hall



Friday in the Park
 returns!

each Friday @ 4:00 pm
 401-703 Cottage Park

Join neighbors and friends to
 talk, drink, and be merry!

Bring a beverage, and snack to share
 or just come for wonderful
 conversation and companionship!

Join our

Craft and Chat Group

Tuesday, May 12 & 26

1-3 pm

Enjoy the company
 of fellow crafters,
 beginners welcome!



Greenwood Cove Club Room

30th ANNUAL
TREE PEONY FESTIVAL OF FLOWERS 2026
May 16-17
May 23-24
May 30-31

Linwood Gardens is a private garden located in Linwood, New York, 35 miles southwest of Rochester in the farmlands of the Genesee Valley. The original garden landscape was designed in the early 1900s, with a summerhouse influenced by the Arts and Crafts movement, walled gardens with pools and fountains, ornamental trees, and a view of the valley beyond.

The gardens include a distinguished collection of Japanese and American tree peonies presented to the public each spring at the Tree Peony Festival of Flowers. During the summer months, Linwood Gardens opens to the public as a peaceful garden sanctuary for workshops and Open Garden Days.



LINWOOD GARDENS
 1912 York Road West, Linwood, NY
 linwoodgardens1912@gmail.com



Is Your Cat Happy?

Since cats sadly can't talk to their pet parents and explain why they do what they do, it's up to cat moms and dads to decode their body language. To help you do that, listed below are 6 surprisingly weird things cats do when they're happy, according to pet behaviorists.

They 'grimace'

The "grimace" is actually something called the Flehmen response, and it's a happy sign your cat is simply taking in their environment. This behavior helps cats process interesting or important scents through a special sensory organ called the vomeronasal organ—or Jacobson's organ—located on the roof of their mouth.

They 'make biscuits' on you

Often called "making biscuits," this kneading habit is a throwback to when your cat was a kitten and would knead their mom's belly to stimulate the flow of milk. Many cats carry this kneading habit into adulthood when they feel the same kind of contentment. You may also see kneading happening along with purring, half-closed eyes, and a relaxed body.

They drool

This cat behavior usually goes hand-in-hand with kneading.

They do the tail-high 'elevator butt'

A quirky and funny cat behavior may look unusual at first, but it's an important part of your cat's body language. This action may come from kitten behavior when mother cats would groom their kittens' rear ends, and the kittens would lift up to facilitate the grooming.

They get the zoomies

The "zoomies" are also called frenetic random activity periods (FRAPs). While zoomies can happen for various reasons—pent-up energy, prey drive being triggered, post-bathroom relief—they're generally most common in cats who are well-fed, safe, and living in a low-stress environment.

They give you kitty eyes

Puppy eyes get a lot of attention with pet owners, but cats have their own version of this that they use to communicate with their owner. A cat with soft eyes, is showing that they're calm and content. Couple that with relaxed whiskers and ears in a neutral position, and your kitty is expressing that they are feeling good and are happy.



To Do in Rochester

May 1-30 – **Baron Vaughn: Cycle Breaker** (comedian) at Geva Theatre

May 2 – **RPO : The Music of Tina Turner** at West Herr Auditorium

May 2-17 – **The Sound** at JCC Hart Theater

May 5 – **Stars on Ice** at Blue Cross Arena

May 8 – **Fantasia Barrino and Anthony Hamilton** at BlueCross Arena

May 8-23 – **Parade** at Blackfriars Theatre

May 12 – **Herb Abert & Tiajuana Brass** at Kodak Center

May 15-16-17 – **Jerry Seinfeld** at West Herr Auditorium

May 16 – **Joe Jackson & Band** at Kodak Center

May 29-30 – **Larry the Cable Guy**, downtown Rochester



Memorial Day Party

Monday, May 31 at 2:00 PM
902 Rivers Run

As tradition has it, Lynn Musgraves and David Stephenson will again be hosting their annual Memorial Day Party. Pizza, ice cream, lemonade, and water will be supplied, and you are welcome to bring a dish to pass along with your own choice of beverage. Everyone is invited! No reservations necessary.

There will be games, music, and lots of fun. Since they are located across from the RIT Dock House, parking is not an issue. By then the weather should be beautiful and we can all enjoy the outdoors once more.

See you there!



Rochester Lilac Festival

May 8-17

45 East Avenue, Suite 400 Rochester, NY

Emailinfo@visitrochester.com

Each May visitors travel from all over the world to visit Rochester's Highland Park for the Annual Lilac Festival and to see the park's 1,200 lilac bushes displaying 500 varieties of lilacs in a floral masterpiece of the deepest purples and purest whites. The festival celebrates the blooming of the largest collection of lilacs in North America. The Rochester Lilac Festival (RLF) has just been named the #2 best flower festival in the nation, and you don't want to miss your chance to find out why!

Presenting the 128th edition in 2026, the Rochester Lilac Festival is the largest free festival of its kind. Held in Highland Park, the festival attracts over a half a million visitors from all over the world annually. The event traditionally begins on Mother's Day weekend each May. The Rochester Lilac Festival is more than just a celebration of flowers—it's an experience like no other! With over 80 bands taking the KeyBank Center Stage, from national touring acts to talented regional performers, there's non-stop entertainment for music lovers of all kinds. Elevate your experience at the Vision Financial Group VIP Skydeck!

Beyond the music, the festival is packed with incredible attractions, including a diverse selection of food vendors, the Lilac 5K/10K and Donut Dash, the vibrant Lilac Parade, guided walking tours, a bustling farmers market, and the award-winning Art in the Park art show. The RLF is proud to offer unique experiences like the Sensory Space, the Zero Proof Social Club, and Seniors' Day, ensuring fun for all ages.

Whether drawn by the vibrant blooms, lively entertainment, or welcoming community atmosphere, the Rochester Lilac Festival remains a signature springtime event—celebrating nature, culture, and tradition in full bloom.





**Rivers Run Folks are invited to attend
the following free concerts:**

Rochester New Horizons Symphonic Band Concert

Tuesday, May 5th at 11:00 AM

Chili Community Center Concert

3237 Chili Ave, Rochester, NY 14624

Some Program Highlights:

The Phantom Regiment by Leroy Anderson

Selections from My Fair Lady, Lerner and Loewe,

arranged by John Moss

The Roosters Lay Eggs in Kansas (Sousa's favorite encore)

by Mayhew Lake, ed. Robert E. Foster



Rochester New Horizons Symphonic Band Concert

Wednesday, May 20th, 7:30 PM

Kodak Hall, Eastman School of Music

Some Program Highlights:

Hercules: God of Strength and Courage by Larry Neeck

New Horizons Conductor

Selections from My Fair Lady, Lerner and Loewe,

arranged by John Moss

The Roosters Lay Eggs in Kansas

by Mayhew Lake, ed. Robert E. Foster



May 2026 Cottage Calendar

- **5/1, 8, 15, 22, 29, FRIDAY, Friday in the Park:** 4-6 PM; located by the 401-703 Units
 - **5/7, THURSDAY, Osher Lecture: David Hochstein and His Legacy;** Presented by Mona Seghatoleslami, 12:15-1:00 PM
 - **5/8-17, Lilac Festival**
 - **5/12 & 26, TUESDAY, Craft and Chat Group:** 1:00-3:00 PM, at the Cove
 - **5/13 & 27, WEDNESDAY, Men's Breakfast:** 8:30 AM, Peppermints Restaurant
 - **5/14, THURSDAY, Osher Lecture: Raising Puppies to Become Guide Dogs;** Presented by Maraci Frutkoff and Avor Szostak, 12:15-1:00 PM
 - **5/16-31, Peony Festival,** 1912 York Road W., Linwood, NY
 - **5/18, MONDAY, Book Club:** 6:30 PM, Cottage 1303; Contact Jim Galvin at 585-270-8145; *The Correspondent* by Virginia Evans
 - **5/20, WEDNESDAY, RR HOA Meeting:** 4:00 PM in the Cove Lecture Hall
 - **5/21, THURSDAY, Dining Out:** 4:30 PM, Plum Garden (Hibachi); contact Barbara DeOca at 813-892-1219 or bdeoca@aol.com
 - **5/21, THURSDAY, Osher Lecture: Nifty Stories Renew the Spirit...That's What Makes Them Nifty!** Presented by Jay Stetzer, 12:15-1:00 PM
 - **5/22, FRIDAY, Ladies Lunch:** 1:00 PM at Horizons Modern Kitchen (Woodcliff Hotel); Contact Claire Gnazzo at 585-287-6009
 - **5/31, MONDAY, Memorial Day Party,** 2:00 PM at 902 RR
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Social Committee

Bonnie Nellist
585-406-2925
bnellie2@yahoo.com

Linda Kraft
585-683-2925
l_kraft@msn.com

Chris Wickert
585-414-7620
quilterwickett@gmail.com

Sue Rausch
585-272-1147
laceyd627@rochester.rr.com
Mailbox flyers

Barbara DeOca
813-892-1219
bdeoca@aol.com
Newsletter

