

# Rivers Run Cottage Connections

VOLUME 9 - ISSUE 2

MAY 2022

## EVENTS OF INTEREST

- Memorial Day
- Dining Out
- Monthly Activities
- NINA
- Bits and Pieces
- Calendar

## Memorial Day Walk and Talk



Rivers Run residents are invited to a three part event on Sunday, May 29 from 4 p.m. till ???. All the festivities will be on the patio and pavement in and around cottage 902. Rain date for this outside event is the following day, May 30, same time and place. This event is designed to offer lots of options.

At 4 p.m. gather at cottage 902 for a walk around the community. Bring your lawn chairs and beverage of choice to store for after the walk. If you are unable to walk, feel free to sit outside and cheer the walkers on.

At 5 p.m. all, walkers and non-walkers, are welcome to happy hour outside at cottage 902. Bring your own chair and beverage. Cups and other necessities will be provided.

As happy hour progresses into the dinner hour, pizza will be ordered for those who would like to avoid cooking and keep the party going. Cost of pizza will be shared equally by each person who sign-ups for pizza.

At the time of registration, residents can let Sue Rausch know what options you would like to participate in—walk, talk and/or pizza. Feel free to join the group for one part of the event or all. Your choice.

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## Memorial Day

May 29...Rain date, May 30

Walk, Talk with Pizza Option  
4 p.m.....Cottage 902

Sign up with Sue Rausch by May 27

272-1147 or laceyd627@rochester.rr.com

*Red Fedele's*  
**BROOK  
HOUSE**

**May 19...4:00 p.m.**

On May 19 at 4 p.m. the dinner group will gather at Red Fedele's Brook House for some good company along with outstanding home style Italian cooking. The Brook House is a favorite of this group, so sign-up with Marilyn today to hold your spot at the table.

The Brook House is located on west Ridge Road in Greece and offers both casual indoor and outdoor dining options depending on the weather. The menu includes all the traditional Italian classics as well as seafood, chicken, veal and beef options. In addition to the regular menu, the chef offers daily specials. Prices range from \$15 to \$30 depending on personal selection.

Marilyn will need to have your reservation no later than May 15 to coordinate with the restaurant for our group. We usually get a good size group for this location, so advance sign-up is a must.

**Brook House Casual Italian Dining...May 19...4 p.m.**

**Sign-up with Marilyn at 235-0935 or [kastner2@rochester.rr.com](mailto:kastner2@rochester.rr.com)**

## **NINA...Neighbors In Need of Assistance**



This is not a new topic for our community, but maybe one we should revisit regularly. We are a community of seniors trying to age in place and be as independent as possible, but there are times when help is needed. Good news, help is often just an email or phone call away. There is a rich history of neighbors helping neighbors through a tough spot or doing a small task regularly that makes someone's life easier.

Neighbors are encouraged to reach out to others in the community when there is a specific need and just ask if someone might be available to help out. It is surprising how willing we are to help. As a bonus, the person helping also gets a good feeling about being useful. In the past, people have needed rides to appointments or treatments, help with taking trash bins out to the curb, house sitting a pet, help with errands like picking up prescriptions or grocery items, making a bed, changing light bulbs or batteries, picking a traveler up at the airport, preparing and delivering a meal and so much more.

It is so difficult to ask for help, but know that your request will most likely be met with multiple responses. We encourage residents to send a "NINA REQUEST" via the RR chat/talk email address

[<rrho-talk@googlegroups.com>](mailto:rrho-talk@googlegroups.com)

and see what happens. If computers are not your friend, then use the phone to reach out and see who might help or maybe that help is finding you someone who can help and is available. Some how, the process of emailing a request seems less intimidating than calling, but however you feel most comfortable. NINA Is a great way to help you reach out to your community neighbors whenever you need a helping hand – and it's a "pay it forward" for all of us as we work to age in place right here at Rivers Run.

**It is harder to ask for help than to give help. Reach out and pay it forward.**



## Social Suggestions

At our spring coffee, the Social Committee asked attendees to make suggestions for future social events or to suggest some past events and activities that should be repeated. Listed below are the suggestions offered along with the Social Committee's response and research.

*If you have additional suggestions or would like to consider volunteering for one or more activities, talk to any Social Committee member.*

**Lawn games** have been a popular summer time option in the past and it seems some folks would like to see them come back into play. This is another activity in need of one or more volunteers for selecting the date, time and location for the first play night and then setting up the equipment or playing field as needed. In the past, **bocce** was the game of choice and that is still possible. **Petanque** is a similar game that is played with a smaller ball, so it will be more friendly to those with arthritic hands. The third option mentioned is **cornhole** which involves tossing bean bags into a target hole down court—very friendly for anyone with mobility issues. What we saw previously, is game night became a real social time as those who did not play, brought their chairs and chatted and cheered on the side lines. The Social Committee can furnish the equipment and help with figuring out storage, if someone is willing to take over facilitating one or more of these game options—which could all be offered on the same night, if that works best for most.

Another repeat request is for a regular **ladies lunch** outing. Many ladies seem to be interested in adding this to the calendar, but the Social Committee has yet to find a volunteer(s) that will take on the task. Maybe there is someone who would start the idea going by asking a few ladies to go out to lunch, set the date, time and reserve the location. Then those core ladies would ask others to join and a regular plan would evolve for the community. The first step is always the hardest—finding the volunteer that will get the first lunch going. Could that be you?

Several people would like to see **poker** start up again. In the past, the group played Texas Hold'em Poker and had good participation. Currently, we are seeking a volunteer or team of volunteers to coordinate the group and see that things are set up for regular play. The volunteer would be responsible for scheduling the first poker night, seeing that the table is ready for play, including counting out the chips before play begins. This set up might take 15 to 30 minutes and we have people who are willing to train a regular volunteer in the set up process. Equipment for play is available and the game could be scheduled at The Cove or in a resident's home. Note that poker chips are heavy and carting them back and forth to the Cove could be cumbersome.

Going to a **play or movie** as a group—something we have tried in the past with limited success and scheduling challenges. It is something we can revisit or offer in a different format to see if there is more interest in this type of event.

**Day trips** and bus or van outings is an attractive suggestion and one the Social Committee has done some earlier research on. Based on that research, we came to the conclusion that it is cost prohibitive for our limited number of participants to contract for a private trip/tour. There is also the need to book the trip in advance and get paid commitments from all participants with limited possibility of canceling and having the payment refunded—something we have not been successful in doing even for less expensive events. If someone has other information or connections that would make this seem a more reasonable option or would like to do some additional research about cost, etc., let any committee member know what details you find. In the mean time, there are many day trip possibilities through the various bus lines, travel agencies and pre-virus, through the Henrietta Senior Center.

A **walking group** is something that was tried briefly in the more distant past with limited success. Of course, now we have different residents, so we are adding a group walk to our Memorial Day event. Participants can talk about making it a regular activity and how to make it happen, if desired.

Adding a **Mahjong** group was a new suggestion. If there are a few people who know how to play and are interested in making it happen, then we can see if it can find a regular home with the other game groups.

# Game Groups



**May 2 and 16...4:00 p.m.  
Cove Club Room**

Cheryl Lee facilitates the Cribbage group which will be restarting play after a winter break. This group meets on the first and third Monday of each month at 4:00 p.m. in The Cove Club room.

New players are welcome.

Cribbage is an old favorite and rules can be found online, if you need a refresher. Also online play is great practice for learning the game. If you have never played before, come, watch and maybe join in as you see how the game is played.

**Contact Cheryl at 424-4424 or [rochester3lees@gmail.com](mailto:rochester3lees@gmail.com)**

**Euchre May 12 and 26...6 p.m.**

The Cottage Euchre Group is active and welcoming new players on the second and fourth Thursday of each month at 6 p.m. in The Cove Club Room.

Assignment of partners will be by random drawing. Instruction will be available as needed, so don't stay home because you have not played for a long time. Euchre is like riding a bike, you never really forget. Reservations are not required.

RR sponsors are Barb and Bob  
[Lindholm-blindholm@aol.com](mailto:Lindholm-blindholm@aol.com)



This newly restarted group is open to all residents, male and female, who enjoy some type of hand work—needle work, sewing, even coloring. If you have a hand craft project or just like the relaxation of coloring, then this is the group for you. Participants share their work, chat about various topics, enjoy some laughter and time with others.

The Craft Group will meet on the second and fourth Tuesdays of the month, generally from 2 to 4 p.m. in the Cove Club Room. On Tuesdays when there are HOA meetings, the group will end at 3:30 for people to attend the HOA meeting. There is no cost to join this group and all are welcome.

**Craft Group...May 10 and 24...2 p.m. at the Cove  
Group facilitator is Julia Eng  
Julia Eng <[jlai@rochester.rr.com](mailto:jlai@rochester.rr.com)>**



**Third Tuesday  
of each Month**

**6:30 p.m.**

**In person or via Zoom**

**For more information  
contact Jim Galvin**

# Book Club

## *Book Lovers Welcome*

**This group currently meets on the third Tuesday of the month at 6:30 p.m. either in person at cottage 1203 or via Zoom depending on individual comfort level or distance from Rivers Run.**

**New readers are always welcome to join the group.**

**May 17: The Code Breaker, by: Walter Isaacson**

**June 21: The Illustrated Man, by: Ray Bradbury**

**July 19: Cloud Cuckoo, by: Anthony Doerr**

**August 16: The Personal Librarian, by: Marie Benedict and Victoria Christopher Murray**

## Calling All Men...Breakfast Plans



### *Calling all Rivers Run gents.*

After a Covid-winter break the gentlemen of Rivers Run are once again meeting up for a breakfast outing on March 16. Start time is 8:30 a.m.

Location is Peppermints on West Henrietta Road. Upcoming breakfast dates are the second and fourth Wednesday of each month.

**May 11 and 25**

Coffee is on the table at 8:30 a.m., orders are taken and meals soon follow at the local diner of choice, Peppermints. All men are welcome, so mark your calendars. There is no need for reservations, just show up at 8:30 a.m. and enjoy the coffee and conversation.

If you have questions, contact Jim Galvin for more information.

**May 11 and 25  
8:30 a.m...Peppermints**

# Bits and Pieces From Around the Circle



## From Around the Circle

As a new addition to the newsletter, we would like to share bits and pieces of community news and items of interest from and about residents. This could be as simple as a welcome to new neighbors or news of someone who is moving on from our community. Other bits and pieces of interest could include an award, honor or office that a community member has received. Maybe even something our children achieve that is noteworthy and can be celebrated. Some of us volunteer and might be willing to share that bit of information. Even sharing a community find like a great new restaurant, shopping option or outing that others might enjoy would be welcome and add to our newsletter.

For any and all submissions, contact Ginny Phelps the newsletter editor. Ideally, submissions will be sent electronically, but special arrangements can be made if the computer is not your friend. Both questions and submissions are welcome, so let Ginny hear for you.

The **New Horizons Spring Concert** is scheduled for May 24, 7 p.m. at the Eastman Theater. The New Horizons musical groups are composed of senior musicians who want to learn to play or who want to continue playing. A good concert in a great theater and open free of charge to the public. Questions? Contact Beverly Maville in cottage 1802.

**Carol Schmalzbauer** has sold her cottage and will be moving to her new home at The Legacy in Victor the middle of April. Best wishes on this new chapter in your life's journey.

Like to get out and hike? Check out this link to **Day Trips around Rochester, NY** <[contact@daytrippingroc.com](mailto:contact@daytrippingroc.com)> and read about 74 local hikes of interest. If you try one or more out, let us know what you think.

**Lynn Musgraves** reminds neighbors that Braddock's Bay is a great place for birdwatching. It is a good for viewing many feathered friends, but Hawks are quite common.

### May also starts the beginning of a busy festival season here in Rochester.

After a virus break, the popular Lilac Festival will be held again this May, but a different schedule and format are being planned. The main festival festivities, concerts and food offerings will be held on weekends only. Official festival dates are May 6-8, May 12-15 and May 19-22 from 10:30 a.m. to 8:30 p.m. at Highland Park. Go for the festivities or visit during the week for a quieter view of the flowers. It should be noted that lilacs are just one of the flower choices on display at Highland Park, so visiting there at any time of the spring and summer offer lots of color and enjoyment. In addition to the lilacs, there are Magnolias, Cherry Blossoms, Tulip Trees and Peonies in bloom at different times.





# We salute the veterans in our community.

The welcome to spring coffee was a great way to say hello to spring and to neighbors whom we have not seen during the winter months. About twenty neighbors gathered at The Cove for catching up and enjoying some tasty treats.

Thanks to all who helped in so many ways. The Galvin's for shopping and set up, Lynn Musgraves for clean up and supplies, The Kastners for the mini quiches, Karen Petras for the home baked coffee cake, Ginny Phelps and Claire Gnazzo for shopping and decorations and Sue Rausch for taking reservations. The efforts of many, make for light work. Thank you!



As we restart activities and events for our community, we want to be safe and follow NYS Covid guidelines. Right now, rules are being lifted and we are moving towards normal. If virus numbers should change and guidelines be reinstated, then the RR Social Committee will encourage all participants to follow the guidelines or refrain from participating. Currently, masks are not required at The Cove or in most public places, but if you are more comfortable with a mask, please feel free to wear one and feel safe. Social distancing is also encouraged whenever possible.

## 2022 HOA Meeting Schedule



*At this time HOA meetings are scheduled for 4 p.m. via Zoom with the exception of the September Annual meeting which is at 5 p.m.*

**May 10...4 p.m.**

**July 12...4 p.m.**

**September 13...5 p.m.**



Best of luck to Carol Schmalzbauer who has moved to the Legacy Senior Community in Victor to be closer to family. Carol has been an important part of our Rivers Run Community for a number of years. She often hosted the Strawberry Social and led the spring clean-up efforts in our neighborhood. She was a friend to many and will be missed by all.

At the same time we say good-bye to one neighbor we welcome another. We are pleased to greet our new neighbors in cottage 1202—Allen and Barb Meyers who have recently arrived and are settling in to our Rivers Run Community

*We become neighbors when we are willing to cross the road for one another.*  
-Henri J.M. Nouwen-

Neighboursations  
[www.neighboursations.com](http://www.neighboursations.com)

# May Calendar



- ♦ **May 2—Cribbage, 4:00 p.m., Cove Club Room**
- ♦ **May 10—Craft Group, 2:00 p.m., Cove Club Room**
- ♦ **May 10—HOA Board Meeting, 4:00 p.m. , via Zoom**
- ♦ **May 11—Men’s Breakfast, 8:30 a.m., Peppermints**
- ♦ **May 12—Euchre, 6:00 p.m., The Cove Club Room**
- ♦ **May 16—Cribbage, 4:00 p.m. at The Cove Club Room**
- ♦ **May 17—Book Club, 6:30 p.m., Cottage 1301 or via Zoom**
- ♦ **May 19—Early dinner at The Brookhouse, Greece, 4:00 p.m.**
- ♦ **May 24—Craft Group, 2:00 p.m., Cove Club Room**
- ♦ **May 25—Men’s Breakfast, 8:30 a.m., Peppermints**
- ♦ **May 26—Euchre, 6:00 p.m., The Cove Club Room**
- ♦ **May 29 (rain date May 30)—Memorial Day Walk (4 p.m.) and Talk (5 p.m.)**

**Looking Ahead: Strawberry Social in the Park—June 26, 3 p.m.**



## Social Committee

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